miGut-Health
Personalised blueprint of intestinal health

LITHUANIAN ACADEMY OF SCIENCES

migut-health.eu

Advancing Gut Health Research Through European Collaboration

miGut-Health final conference

30 NOVEMBER 2026 · VILNIUS, LITHUANIA

Lithuanian Academy of Sciences · Grand Conference Hall · Gedimino pr. 3, Vilnius

09:00–09:30 **Registration**

09:30–10:00 **Opening and welcome addresses**

Raminta Popovienė | Minister of Education, Science and Sport of the Republic of Lithuania
Prof. Vytautas Nekrošius | President of the Lithuanian Academy of Sciences
Prof. Juozas Augutis | Acting Chairman of the Research Council of Lithuania
Christina Kyriakopoulou, PhD | European Commission
Policy Officer, Health Innovations and Ecosystems Unit, DG Research and Innovation
Prof. Andre Franke & Prof. Jurgita Skiecevičienė | miGut-Health Coordinator and Co-coordinator

I | STATE-OF-THE-ART TECHNOLOGIES AND EMERGING BIOMARKERS IN GUT HEALTH

Session chairs: Jurgita Skiecevičienė, Andre Franke & Juozas Kupčinskas

10:00–10:40 **Recent advances in multiplex real-time PCR and multi-omics**
Junko F. Stevens | R&D Senior Director, Life Technologies
Industry keynote | Thermo Fisher Scientific

10:40–11:00 **Break**

II | MICROBIOME RESTORATION IN INTESTINAL HEALTH AND DISEASE: THE ROLE OF FECAL MICROBIOTA TRANSPLANTATION

Session chairs: Christoph Schramm & Jonas Halfvarson

11:00–11:30 **The Future of Fecal microbiota transplantation in Europe**
Prof. Juozas Kupčinskas | LSMU

11:30–12:00 **The recipient's resident ecology, not the intervention, is the rate-limiting variable**
Prof. Dr. Bahtiyar Yilmaz | University of Bern

12:00–12:30 **Targeting the gut microbiota in IBD, where are we?**
Nicolas Benech, MD, PhD | Lyon 1 / Hospices Civils de Lyon

12:30–13:15 **Lunch break**

III.1 | SCIENTIFIC ADVANCES AND CROSS-PROJECT SYNERGIES IN EUROPEAN GUT HEALTH RESEARCH

Session chairs: Gediminas Kiudelis & Johan Burisch

13:15–13:20 **Session opening and introduction**

13:20–13:50 **Biomarkers and disease prediction**
Jonas Halfvarson | INTERCEPT and miGut-Health
Actionable biomarkers and early prediction of IBD/Crohn's disease: Insights from both projects

13:50–14:30 **Multi-omics, AI and precision medicine**
Florian Tran | 3TR
Longitudinal multi-omics, disease trajectories and precision medicine
Rinse Weersma | miGut-Health
Integrating microbiome, lifestyle and digital health data for personalised IBD care: insights from miGut-Health

14:30–15:10 **Dietary interventions and prevention**
Philip Rosenstiel | PerPrev-CID
From disease prediction to personalised prevention: longitudinal, dietary and digital health data
Guendalina Graffigna | miGut-Health
Patient engagement and dietary behaviours in IBD: insights from miGut-Health

15:10–15:30 **Coffee break**

III.2 | SCIENTIFIC ADVANCES AND CROSS-PROJECT SYNERGIES (CONTINUED)

Session chairs: Philip Rosenstiel & Rinse Weersma

15:30–16:10 **Mucosal mechanisms and barrier function**
Salomé Pinho | GlycanTrigger
How mucosal glycocalyx shapes barrier integrity, microbial interactions and gut immunity in IBD
Jurgita Skiecevičienė | miGut-Health
Microbiome-derived metabolites and intestinal barrier function: mechanistic insights from miGut-Health

16:10–16:50 **Microbial triggers and immune signatures**
Hesham El Abd | DARKMATTER
Microbial exposures and adaptive immune signatures in IBD: insights from DARKMATTER
Mathieu Groussin | miGut-Health
Global gut microbiome diversity and host–microbe interactions: insights from miGut-Health

16:50–17:10 **Cross-project synthesis**

17:10–17:30 **Closing remarks**

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Final consortium meeting – Vilnius, 2026

Day 2, Tuesday, December 1st, 9.00. Small Conference Hall of the Lithuanian Academy of Sciences.

Project-related activities

	Time	Topic	Speakers
	09.00 – 09.30	Final report – preparation and requirements	Andre Franke & Antonija Crno-Culap
	Completeness of WPs: status of deliverables, has everything been achieved? Are there any remaining open questions or delays? No repeating what was said on Day 1		
	9:30 – 10:30	WPs (10 minutes each)	WP leaders
	10.30 – 10.45	**Coffee break**	
	10:45 – 11:30	Sustainability of project results and follow-on funding opportunities	Antonija Crno-Culap
	11:30 – 12:30	Scientific highlights and upcoming publications	Volunteering partners
	12.30	**Pocket lunch & departure**	

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Health-Engagement Open Lab

Tuesday, 1 December 2026
11:00–12:00 EET (Lithuanian time)
Lithuanian Academy of Sciences, Vilnius, Lithuania
Room 210

Programme

11:00–11:10	**Welcome and Opening Remarks**	**Prof. Limas Kupčinskas**, Head of Division of Biology and Medicine of Lithuanian Academy of Sciences
11:10–11:30	**Stress, Eating Habits and IBD - Presentation of Survey Results from Lithuania**	**Prof. Guendalina Graffigna**, miGut-Health WP lead partner and Professor of Psychology at Università Cattolica del Sacro Cuore (Italy)
11:30–11:50	**Introduction to the ENGAGE-IBD Personalised Health Engagement Guide**	**Prof. Guendalina Graffigna** **Salvatore Leone**, IFCCA Chairperson
11:50–12:00	**Q&A and Closing Remarks**	All

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EngageMinds HUB
Consumer, Food & Health Engagement Research Center

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IFCCA
International Federation of Crohn's & Ulcerative Colitis Associations

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